

NEWSLETTERS



MARCH 2024

A NOTE FROM JESS



Welcome to 2024, the year of Transitions! Didn't we start this year off with a bang!

In January, Explore and Soar transitioned into a new branding change, which included a new logo, a website upgrade and a new uniform. We have loved hearing your feedback and look forward to this new era.

Apart from our new transition, I would like to extend a personal warm welcome to all of the new families who have joined our Explore & Soar family. We also want to celebrate our current clients and their families on achieving their goals and changing their therapy supports accordingly. It has been a joy to hear about your progress from both you and our team.

This year, our mission is to strengthen and foster our connections with you all and work towards achieving your goals. We aim to support you in a way that enables you to move forward with less reliance on us.

"Your uniqueness is what makes you special, and that is beautiful."
By Nia Jax

IMPORTANT DATES

Easter Long Weekend Public Holiday:
Friday, 29 March – Monday, 1 April
2024

Fourth Year CSU Student Placement:
22 April – 14 June 2024

April School Holiday Intensives:

- Week 1: 15 – 19 April 2024 (5 days)
- Week 2: 22 – 24 April (3 days)

Anzac Day Public Holiday:
Thursday, 25 April 2024

Staff Professional Development Day:
Friday, 26 April 2024

Commencement of Term 2
Appointments:
Monday, 29 April 2024

June Long Weekend Public Holiday:
Monday, 10 June 2024

“Keep your child wild – don’t make
them grow up too fast.”
By Brooke Hampton

CELEBRATING SUCCESS Clients Achieving Their Goals and Soaring High!

We are thrilled to share a story of success from one of our clients, ‘Master Explorer’, who was facing challenges in various areas of life.

Master Explorer had limited engagement with his therapist, family and school. However, after just three sessions of implementing DIR (Developmental, Individual Differences, Relationship-based) strategies, we have seen remarkable progress. Our focus on fostering relationship building, enhancing engagement, and supporting nonverbal communication through play and movement, as well as understanding communication circles, has greatly improved his engagement.

Master Explorer now confidently welcomes his therapist into his home, marking a significant milestone in his journey. What’s more, he has taken the initiative to communicate not only with his therapist but also with his mum.

RI

We are proud to see Master Explorer soaring high and celebrate positive changes that are a sign of progress and growth. We will continue to support and guide him on his journey, and we are inspired by him and all our clients who courageously strive towards their goals. Let’s soar high together

THE LATEST INFORMATION

STAFF CELEBRATIONS

We are thrilled to celebrate some work anniversaries at Explore & Soar. Maddie is celebrating her 5-year work anniversary. Molly and Lauren are celebrating their 1-year work anniversaries.

We are incredibly grateful and feel blessed to have the opportunity to work with beautiful people each and every day. They love what they do, share the Explore & Soar's values, and are committed to building a great team to provide the best support and therapy to our clients, families, and our local communities.

STUDENT PLACEMENT 4th year student!

We have an exciting update to share!

On 22 April, we will be welcoming a fourth-year Occupational Therapy student from Charles Sturt University (CSU) to our team. The student will be working with Maddie for a period of eight weeks and will gain practical experience and knowledge as they prepare to enter the OT profession after graduating.

During this period, the student will accompany Maddie to appointments. Before they begin, Maddie will contact you to discuss what to anticipate during your appointments. We are excited to share our knowledge and expertise with the student throughout their time with us.

JULY GROUP PROGRAM Save the Date

During the upcoming July School Holidays, we will be running our Group Programs.

This year, the programs will be held during the second week of school holidays, from **July 15th to 19th**. If you are interested in enhancing and building your child's regulation, social skills, and motor skills, including fine and gross motor skills, as well as developing their cooking abilities to achieve their goals, please contact your therapist today.

We will provide more information closer to the date.

INVOICING PROCEDURE CHANGES

Moving forward, we will send invoices exclusively on Mondays. This adjustment is being implemented to streamline our operations and ensure efficiency and consistency.

Additionally, we would like to clarify that you will have a standard 7-day payment window from the date of receipt of your invoice to settle the outstanding balance. We kindly request your cooperation in adhering to this timeframe to help us maintain smooth financial transactions.

Therefore, there will be no invoicing on Thursdays for the foreseeable future. We apologise for any inconvenience this may cause and assure you that we are working diligently to ensure minimal disruption to our clients.

THERAPIST FAVOURITE GAME

Gravity Maze

Age Recommendation Age: 8+ (can be graded for 6yrs up)

If you're looking for a fun strategy game, you might want to check out this one. This strategy game requires visual motor, visual perception, and fine motor skills. The game's goal is to guide a marble from point A to point B by navigating it through various towers of different sizes and ramps. To successfully complete the maze, players need to use their problem-solving skills to determine the correct colour and direction for each piece. The game includes challenge cards that provide clues to help players solve increasingly difficult puzzles, with challenges ranging from 1 to 60. The towers can be arranged vertically, horizontally, or stacked to create a challenging maze. Take up the challenge and see how far you can go!

QUICK STATS

- 8 years & up
- 1 player
- 30 minutes
- Logic
- Problem-Solving
- Spatial Orientation
- Fine Motor

THERAPIST RATING: 4.5 STARS

